

**Full Report (All Nutrients) 45018470, FRONTIER, GARAM MASALA SEASONING BLEND, UPC: 089836183477**

[Powered by LabelInsight](#)

**Report Date: May 11, 2017 10:17 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Frontier Cooperative Herbs

Nutrient	Unit	Data points	Std. Error	0.25 tsp 0.7g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	0	0
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	0.00	0.00
<b>Minerals</b>					
Sodium, Na	mg	--	--	0	0

**Vitamins**

**Lipids**

**Amino Acids**

**Other**

**Ingredients**

CARDAMOM, CINNAMON, CLOVES, CUMIN, BLACK PEPPER, CORIANDER. *Date Last Updated by Company: 05/01/2015*